

BELOW KNEE BACKSLAB & U-SLAB

ankle dislocations, undisplaced Weber B ankle #s
tarsal bone #s/ dislocations, Lis-Franc injury

POSITION

- patient is prone or supine
ankle flexed 90°
- 3 layers of padding, extending from
MT heads to just below knee

PLASTER

- pre-measure all slabs on uninjured
limb and trim corners so that they
are rounded
- **BACK-SLAB**: 8 layers of 15cm
plaster extending from MT heads to
just below knee. folds at ankle cut
and smoothed over. apply 1 layer
HAFTAN and mould
- **U-SLAB** - 8 layers of 10cm plaster
extending to the same level as back
slab. plaster should not encircle
limb. apply 1 layer HAFTAN , reduce
& mould
- apply CREPE when dry

POSITION

- elevate on pillow

DISPOSITION

- only un-displaced Weber B with NO
medial malleolus tenderness are
candidates for discharge after
review by ortho reg.
- ensure that elderly patients who
need crutches are assessed by
ECCT before going home



ALL POTENTIALLY UNSTABLE FRACTURES REQUIRE X-RAYS AFTER PLASTERING EVEN IF NO ATTEMPT AT MANIPULATION WAS MADE. THIS X-RAY MUST BE REVIEWED BY AN ED CONSULTANT OR ORTHO REG BEFORE THE PATIENT LEAVES THE DEPARTMENT