

This is a limited Renal Ultrasound that aims to:

1. Ascertain the presence and degree of hydronephrosis
2. Recognize a simple renal cyst
3. Identify ureteric jets and VUJ stones where possible
4. Measure the bladder volume

Patient details

History

Urinalysis

Creatinine

Images	Notes	Findings			
		Right		Left	
	<b>Normal</b> Renal length 9-13cm Parenchymal thickness > 10mm	Adequate	Inadequate	Adequate	Inadequate
	<b>Mild hydronephrosis</b> Dilatation of the collecting system with retention of cupped calyces	_____ cm		_____ cm	
	<b>Moderate hydronephrosis</b> Increased dilatation with clubbing of the calyces	Absent		Absent	
	<b>Severe hydronephrosis</b> Increased dilatation with thinning of the renal cortex	Mild		Mild	
	<b>Simple cyst</b> Well defined thin wall Rounded anechoic cystic structure No solid components Post cystic enhancement Parapelvic cysts and an extrarenal pelvis can simulate hydronephrosis	Moderate		Moderate	
<p><b>Sketch findings on this image</b>                      created by James Rippey and Tor Erclve</p>	<b>Ureteric jets</b> Use colour doppler and wait. ipsilateral jet presence excludes complete obstruction, however it's absence does not confirm obstruction	Seen	Not seen	Seen	Not seen
	<b>VUJ stones</b> Look for poor / absent jet, hydroureter / hydronephrosis, shadowing and twinkle artifact	Seen	Not seen	Seen	Not seen
	<b>Bladder</b> Bladder volume = X x Y x Z x 0.7	_____ cm		_____ cm	
		_____ cm		_____ cm	
		_____ cm		_____ mL	
<b>Other (eg cysts)</b>	Severe		Severe		

**Conclusions** (Note: Renal USS findings must be consistent with clinical suspicion; integrate history, examination, investigations and Renal USS findings to reach a conclusion. Seek urgent formal USS or CT if uncertainty remains)

Clinician

Signature

Date