

**beta lactams**

**general**

- Carbapenems, cephalosporins, monobactams and penicillins are structurally related and share bactericidal activity directed at the bacterial cell wall.
- Beta lactams are relatively safe, except in those patients hypersensitive to them.
- The combination of beta lactams with an inhibitor of beta-lactamase has important applications.

**cephalosporins**

**moderate spectrum cephalosporins**

- Spectrum of activity
- Cephalixin, cephalothin and cephazolin have a similar range of antimicrobial activity.
  - They are active against streptococci and staphylococci, including beta-lactamase producing staphylococci
  - Their Gram-negative spectrum includes most Escherichia coli and Klebsiella species
- Gaps in cover
- (i) enterococci
  - (ii) Listeria monocytogenes
  - (iii) Gram-negative aerobes (eg Serratia, Enterobacter and Pseudomonas species)
  - (iv) Gram-negative anaerobe Bacteroides fragilis and related species
- Difference between agents
- Cephazolin is similar to cephalothin, but is less painful when given by intramuscular injection and has a longer half-life.

**moderate spectrum cephalosporins with anti Haemophilus activity**

- Cefuroxime and cefaclor are more stable than standard moderate-spectrum cephalosporins to some Gram-negative beta-lactamases and more active against Haemophilus influenzae.

**moderate spectrum cephalosporins with activity against anaerobes**

- Cefoxitin has significant anaerobic activity with 60% to 70% of Bacteroides fragilis being susceptible.
- It has a limited role for prophylaxis in bowel and gynaecological surgery and for treatment of severe pelvic inflammatory disease. However, metronidazole provides superior cover against most anaerobes.

**broad spectrum cephalosporins**

- Spectrum of activity
- Cefotaxime and ceftriaxone have a wide spectrum of activity covering the majority of community-acquired enteric Gram-negative rods.
  - Unlike earlier cephalosporins, they are effective in meningitis because of better penetration and higher intrinsic activity in the cerebrospinal fluid.
- Gaps in cover
- The activity of these drugs against Bacteroides fragilis varies, but neither is as active as cefoxitin.
  - These drugs are less active against staphylococci than earlier cephalosporins.
  - They do not have clinically useful activity against enterococci or MRSA.
  - Pseudomonas
- Mechanisms of resistance
- Some organisms (eg Serratia, Citrobacter and Enterobacter species) have chromosomal cephalosporinases and resistance may develop during treatment.
  - Plasmid-mediated extended-spectrum beta-lactamases (ESBLs) (eg in Escherichia coli, Klebsiella pneumoniae, Enterobacter species) also inactivate both of these drugs, so alternative therapy is indicated.
- Differences between agents
- Ceftriaxone has a long half-life.

**broad spectrum cephalosporins with antipseudomonal cover**

- Spectrum of activity
- Ceftazidime and cefepime have an extended spectrum of activity covering the majority of the enteric Gram-negative rods, including P. aeruginosa.
- Gaps in cover
- Both drugs are inactivated by the ESBL enzymes
  - ceftazidime may be inactivated by the chromosomal cephalosporinases
- Differences between agents
- Ceftazidime is less active, and cefepime is more active, against Gram-positive organisms.

**monobactams**

**aztreonam**

- Spectrum of activity
- Aztreonam is highly active against the majority of aerobic Gram-negative bacteria, including beta-lactamase producing Haemophilus influenzae, enteric Gram-negative rods and Pseudomonas species.
- Gaps in cover
- Aztreonam is inactive against Gram-positive organisms and anaerobes,
- NB: Aztreonam may be given to people with severe penicillin hypersensitivity because of its lack of cross-reactivity with other beta lactams.

**penicillins**

**narrow spectrum penicillins**

- Spectrum of activity
- Narrow-spectrum penicillins are active mainly against Gram-positive organisms, but they are inactivated by beta-lactamases.
- Benzylpenicillin (penicillin G) is administered parenterally and remains the treatment of choice for susceptible infections if parenteral treatment is warranted.
- Procaine penicillin is an intramuscular preparation designed to extend the half-life of benzylpenicillin. It provides blood levels for up to 24 hours, but these are adequate only against highly susceptible organisms.
  - Benzathine penicillin is given intramuscularly and provides low levels of benzylpenicillin for up to 4 weeks.
  - Phenoxymethylpenicillin (penicillin V) is acid-stable, so it can be given orally, although food impairs absorption. It is intrinsically less active than benzylpenicillin.

**narrow spectrum penicillins with antistaph cover**

- Spectrum of activity
- Dicloxacillin, flucloxacillin and methicillin are stable to beta-lactamase produced by staphylococci.
- Gaps in cover:
- MRSA should be regarded as clinically resistant to all beta lactams.
- Differences between agents
- Flucloxacillin and dicloxacillin are reliably absorbed by the oral route; however, food reduces absorption and they are best taken half to one hour before food.
  - Methicillin, the parent drug, is not used in clinical practice.
  - Laboratories test with either oxacillin or cefoxitin rather than methicillin to determine susceptibility to antistaphylococcal drugs.
  - Flucloxacillin is generally well tolerated, but is occasionally associated with cholestatic jaundice, particularly in older patients on prolonged therapy. This may occur after oral or intravenous administration and up to 6 weeks after treatment. It may last for months, can be irreversible and, rarely, may be fatal.
  - Dicloxacillin appears to cause less irreversible hepatotoxicity but results in more infusion phlebitis and interstitial nephritis.
  - Dicloxacillin may be preferable to flucloxacillin for oral therapy or in patients requiring prolonged therapy.

**moderate spectrum penicillins**

- Differences between drugs
- Amoxicillin is better absorbed orally than ampicillin, is not affected significantly by food and requires fewer oral doses per day, but when administered parenterally they are equivalent.
- Spectrum of activity
- The aminopenicillins, amoxicillin and ampicillin, have greater activity than benzylpenicillin against some Gram-negative organisms (eg Escherichia coli, Haemophilus influenzae), but are destroyed by beta-lactamase producing strains.
  - They are drugs of choice for enterococcal infections.

**Broad-spectrum penicillins (beta-lactamase inhibitor combinations)**

- The beta-lactamase inhibitors clavulanate, sulbactam and tazobactam inhibit the enzymes produced by Staphylococcus aureus and Bacteroides fragilis and also the beta-lactamase enzymes found in E. coli, Klebsiella species, Neisseria gonorrhoeae and Haemophilus influenzae.
  - These three drugs possess little inherent antibacterial activity, but significantly extend the spectra of activity of amoxicillin, ticarcillin and piperacillin when given with them.
- NB Amoxicillin+clavulanate can cause diarrhoea and hepatotoxicity, which occur more frequently than with amoxicillin.

**Broad-spectrum penicillins with antipseudomonal activity**

- Piperacillin and ticarcillin are the only penicillins that have activity against Pseudomonas aeruginosa, but high doses are required.
- The addition of clavulanate to ticarcillin and tazobactam to piperacillin extends their spectra of activity, with piperacillin+tazobactam having greater in vitro activity against enterococci and Klebsiella species.
- Piperacillin+tazobactam is more expensive than ticarcillin+clavulanate, and both are more expensive than most other penicillins.

**carbapenems**

**Differences between agents:**

- Due to inactivation by a renal dipeptidase, imipenem is formulated in combination with the dipeptidase inhibitor, cilastatin; Meropenem and ertapenem are more resistant to renal dipeptidase and are given alone.
- Meropenem attains better levels in the cerebrospinal fluid and has a lower incidence of seizures than imipenem.
- Ertapenem is long acting and can be given once a day.

**Spectrum of activity**

- Imipenem and meropenem have wide activity against enteric Gram-negative rods and Pseudomonas aeruginosa, comparable to that of aminoglycosides, and excellent activity against anaerobes, including Bacteroides fragilis, and many Gram-positive organisms.
- Ertapenem has similar activity, but poor activity against P. aeruginosa and Enterococcus species.

**Gaps in cover with carbapenems**

- Both Imipenem and Meropenem are inactive against:
- (i) Enterococcus faecium,
  - (ii) MRSA,
  - (iii) Mycoplasma,
  - (iv) Chlamydia,
  - (v) Stenotrophomonas and
  - (vi) some Pseudomonas species.

**Mechanisms of resistance**

- The carbapenems are inactivated by metallo-beta-lactamases, which have been reported in Australia. These enzymes are on mobile genetic elements and can be transferred between different genera and species.